Ontemplation: The Evolution of Thomas Merton's Aesthetic

essay "Poetry and the Contemplative Life" appeared in The Commonweal on July 4, 1947, the author was still more than a year away from becoming a household 1960s. name after his autobiography, The Seven The structure of "Poetry and the Consocial criticism, the interreligious dialogue, the correspondence and personal contacts with an extraordinary range of artists and thinkers, that continue to make Merton a fascinating and influential figure more than thirty years after his death. Among other things, these developments had a significant effect on his approach to poetry, both in practice and in theory. A comparison of the two versions of his essay

HEN THOMAS MERTON'S reveals not only how his ideas on artistic creativity had evolved, but how this evolution is characteristic of the broader transformation that would mark Merton's life and writing in the

Storey Mountain, became a best-seller. He templative Life," the 1947 version of was known, if at all, as a Trappist monk this essay, consists in a lengthy introwho had published two volumes of duction followed by a three-part cenverse with the avant-garde New Directral section and a brief conclusion. The tions Press. By the time a revised ver- introduction focuses on the second sion of this essay, now entitled "Po- term in the title, and tries to provide a etry and Contemplation: A Reappraisal," clear explanation of what is meant by was published in the same magazine "the contemplative life." Merton first some eleven years later, on October 24, points out that the contemplative life 1958, Merton had become the best is not simply to be identified with the known monk in America and perhaps life of those in contemplative religious in the world, author of close to twenty orders. As "a life entirely occupied with books on various aspects of Christian God - with love and knowledge of spiritual life. In the intervening years, God" (FA 95), the contemplative life is much more than his reputation had intended for everyone: "It is the life changed for Merton. As he was about for which we were created, and which to enter on what would turn out to be will eventually be our everlasting joy the final decade of his life, Merton had in heaven" (FA 95). While few people begun once again to turn with interest experience the fullness of union with and compassion to the world beyond God in this life, in varying degrees a the monastery walls, to engage in the taste of contemplation is available to many: on the most basic level, "a kind of natural contemplation of God" (FA 95) is possible for the artist, the philosopher, the virtuous pagan; it does not necessarily have any formal religious link to Christianity. On the level of "active contemplation" is to be found the baptized Christian making use of all the sources of grace available through the Church: this level depends upon the co-operation of the human will

with the activity of grace in the soul. edges that inspiration is no substitute Gregory the Great, Aquinas and spiritual reading. Bonaventure, Merton maintains that After demonstrating this level of contemplation, "an experithat contemplation has an authentic mental knowledge of God's goodness much to offer poetry, 'tasted' and 'possessed' by a vital con- Merton then makes the tact in the depths of the soul" (FA 97), case that the converse is is "the normal term of the Christian also true, that poetry has life even on earth" (FA 96), though it something valuable to of- than mere sensual remains a pure gift beyond what can be fer contemplation: "the achieved by human effort, and though poetic sense may be a rerelatively few are actually ready to remote disposition for fact goes beyond ceive the gift in their earthly lives.

Having provided this overview, Merton because an authentic aesthen turns to the relationship of con- thetic experience is much apprehension. templation with art. His first point deeper than mere sensual is that contemplation, both active and stimulation, and in fact goes beyond passive, has much to offer the poet, even rational apprehension. Because it since "it brings us into the closest con-makes possible a "connatural" knowtact with the one subject matter that ing of the object "by a kind of affecis truly worthy of a Christian poet: tive identification" (FA 102) rather than God as He is seen by faith, in revela- by analysis, it serves as a natural anation, or in the intimate experience of logue of mystical experience, as the soul illumined by the gifts of the Maritain had maintained. Another au-Holy Ghost" (FA 97). He emphasizes thor cited by Merton even claims that the power of the liturgy both to form artistic perception involves the same aesthetic and literary taste and to bring psychological processes that accompany the artist into contact with Christ the infused contemplation, a position that Word, "fount of all art because He can be traced back to Bonaventure and is...the fount of all grace and wisdom" Augustine. By engaging not just the (FA 98). He goes on to lament the fact so-called "inferior soul," that aspect that Christian poets continue to fol- of the soul that makes practical judgelow "indifferent and mediocre secular ments about external things, but the models" (FA 99) rather than to re- "superior" soul, the "inner sanctuary spond to the riches available in Chris- which is the substance of the soul ittian liturgical life. While he echoes self" (FA 103), the quiet, peaceful Jacques Maritain in calling poetry "an center of the soul beyond sense and art, a natural skill, a virtue of the prac- beyond reasoning, but accessible to aestical intellect" (FA 99), and acknowl- thetic intuition, "the natural contem-

The third and highest level is contem- for technical mastery, he stresses equally plation in the strict sense, passive or that "technique is barren without ininfused or mystical contemplation, in spiration" (FA 100). He encourages which the human will is simply recep- Catholic writers and poets to lead lives tive to the transforming presence of of active contemplation that will draw God at work in ways that transcend the them closer to Christ through the dissoul's natural capacities. Quoting from ciplines of liturgy, penance, prayer and

mystical prayer" (FA 101)

aesthetic experience is much deeper stimulation, and in even rational

cian" makes the soul "well prepared for ing God to do His transforming work infused contemplation" (FA 104). The within the soul, the artistic experience artist will have a greater degree of de- remains active and creative, interested tachment from "sensible satisfactions in what happens within the artist, howand imaginable thrills" (FA 104), will ever significant it may be in itself, pribe less subject to sentimentality and marily as raw material for the art. The the "insatiable emotional vulgarity" higher good risks being sacrificed for (FA 105) that is too often a substitute the lower, the perfecting of the soul for genuine religious experience. While for the perfecting of the work: "beinfused contemplation is an absolutely cause of this tragic promethean tenfree gift from God that cannot be at- dency to exploit every experience as matained through one's own powers, one terial for 'creation'," the artist may recan at least clear away the obstacles of main "all his life on the threshold" (FA selfishness and sensuality and of "at- 109) of union with God, without every tachment to human reasoning and fully surrendering to the call to abananalysis" (FA 107).

Part of dying to oneself is dying to one's artistic accomplishments.

ral images into new, created forms. But plishments.

plation of the artist or the metaphysi- perience is passive and receptive, allowdon everything for the love of God.

But while aesthetic intuition and ar- Merton's conclusion, then, is that while tistic creativity can play an important poetry can be of great assistance durrole in spiritual growth, beyond a cer- ing the early stages of contemplative tain point poetry and contemplation life, to cling to poetic activity as one can begin to pull in different direc- moves toward the higher levels of intions. This is the third and final point fused contemplation is to risk arrest-Merton makes in the article: when coning further spiritual development. "In templation begins to become more pas-such an event," he states, "there is only sive, even the activity of art can become one course for the poet to take, for his a hindrance: "it is precisely here," own individual sanctification: the ruth-Merton states, "that the esthetic in- less and complete sacrifice of his art" (FA 109stinct changes its colors and, 10). Art belongs to the temporal difrom being a precious gift mension, and for all its virtues, cannot becomes a fatal handicap" (FA compare with contemplative realiza-108). The problem is a contion, which lifts one into contact with flict of ends: "The artist en- the eternal. To prefer the first to the ters into himself in order to second is evidence of a failure in vision work. For him, the 'superior' and in values, a choice of one's own soul is a forge where inspira- creativity over God's creative work tion kindles a fire of white heat, a cru- within oneself. Part of dying to onecible for the transformation of natu- self is dying to one's artistic accom-

the mystic enters into himself, not in Merton does, however, leave some room order to work but to pass through the for flexibility at the very end of the center of his own soul and lose him- essay: personal moral certainty, or the self in the mystery and secrecy and in- desire of a religious superior, that one finite, transcendent reality of God liv- should continue to write for the bening and working within him" (FA 108). efit of others, could be a sign that in a Whereas the infused contemplative exparticular case this "ruthless sacrifice"

is not called for; and while this will raises actually becomes a personal probmake for a continued painful struggle lem. Fifth, despite the objective presbetween the demands of art and the de- entation, some of the personal tensions mands of contemplation, since such an Merton himself was feeling at the time exceptional situation "will not take between his identity as monk and his away distractions, or make God abro- identity as writer almost certainly are gate the laws of the spiritual life" (FA evident in the article. It is impossible 111), Merton concludes that some com- to determine to what extent Merton fort may be taken from the teaching of thought his writing was interfering St. Thomas that sharing the fruits of with his spiritual growth, and it is contemplation is more meritorious than doubtful that he would have considsimply enjoying them oneself, and there ered himself, at that time or later, as is no one better prepared than the art- being at the point of entering the ist to articulate "what is essentially in- unitive phase of the spiritual life, but expressible" (FA 111).

on Merton's argument in this essay. First, it is quite logically organized and clearly expressed: Merton makes a strong its appearance, he had decided to give case both for the mutual contributions up writing poetry, and in fact did not and for the potential conflicts of poetry and contemplation. Second, despite his ultimately negative conclusion, in not stop writing, he shifted his focus the body of the essay Merton makes quite high claims for the spiritual significance of art as both an analogue to and a preparation for contemplation; he certainly is not denigrating the creative process of art. Third, the essay is marked by a degree of subordination of concrete experience to abstract for- dating from the period 1948-1958. So mulation, as when Merton speaks of while framed in terms of an objective "the infinite distance between the gifts diagnosis and universally applicable soof nature and those of grace, between lution to the problem of the religious the natural and the supernatural order, poet, the essay is perhaps most signifitime and eternity, man and God" (FA cant as it provides insight into its au-110); there is a certain categorical ri- thor's state of mind and spirit at a gidity, a stress on distinctions rather critical point in his early career. than connections, and despite the fo- When he returned to the essay more cus on Christ, a de-emphasis on the that ten years later, Merton was at anincarnational, the divine presence within other turning point in his life as both creation. Fourth, the dilemma as posed monk and writer, when the clear-cut cerseems to be a somewhat rarified one: tainties that had marked his early years the reader might wonder how many art- in the monastery no longer seemed adists have reached a stage of spiritual equate as advice to others or as a dedevelopment at which the issue Merton scription of his own experience. Life

it is clear from his letters and his jour-A number of observations can be made nals that he was experiencing the strain of his dual vocation acutely at the time of writing this essay. Within a year of publish a new volume of verse between 1949 and 1957. While he certainly did to more traditional forms of meditative prose reflections, found in such books as Seeds of Contemplation (1949), No Man Is An Island (1955), and Thoughts in Solitude (1958), which along with his journal are the most characteristic, and arguably the most significant, work

whole person artistic creativity and contempla- people as well. tive realization. The overall struc- Before moving into a consideration of

ture and much of the actual content of the "various levels of contemplation" the two versions of the essay remain (LE 341), retained in large part from the same, but by significant additions the original essay, Merton highlights and judicious alterations in each of the aspects of contemplation that received major sections, "Poetry and Contem- little attention in the previous version, plation: A Reappraisal" contrasts mark- but that he now recognizes as crucial edly with its predecessor both in its for developing a mature and healthy tone and in its main point.

by this division of life into formally separate com- look, an emphasis on the concrete situpartments of 'action' and 'contemplation'" ation of daily experience. Equally note-**Contemplation** (LE 339). It is to rectify this mis- worthy is the new awareness of the cominvolves and apprehension that Merton remunal dimension of contemplation, writes his essay and arrives at a which is now recognized to lead one transforms the strikingly different conclusion not to God alone but to "the spirit," about the relationship between the authentic inner identity, of other

> spirituality. First, contemplation is not The change is already evident in the a function of some distinct "religious" introductory description of contempart of the self, but involves and transplation, which begins with seven para-forms the entire person. "The contemgraphs of completely new material that plative," he writes, "is one who seeks situate the topic firmly in the context to know the meaning of life not only

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ing, by living it in depth and in purity, other human beings, with art and worand thus uniting himself to the very ship as analogous and preliminary Source of Life" (LE 340). Contempla- forms of contemplative awareness, of tion is presented as the antithesis and self-transcendence. It is not the conthe antidote to a life of superficiality flict but the continuity between "proand conformity, a challenge and cor- fane" and "sacred" dimensions that now rective to a belief that life has no mean- is given primary emphasis: the divine ing. But contemplation challenges as immanence, "God in Man, God in the well the presumption that the mean- world, God in Christ," does not coming of life can be glibly summed up or promise but confirms divine transcenddefinitively explained. At the heart of ence: there is nowhere God contemplation is paradox, "All in Noth- is not, and therefore noing" (LE 341), a Word beyond language: where God cannot be "Contemplation is experience of God encountered. This shift in Merton...is simply in Man, God in the world, God in focus does not contradict Christ: it is an obscure intuition of anything said in the earlier the Christian life in God Himself, and this intuition is a version of the essay, but it gift of God Who reveals Himself in signals a greater receptiv-His very hiddenness as One unknown" ity to and respect for the Intensity (LE 340). Any attempt to define the power of creation, includ-"content" of contemplative experience ing the process of human creativity, to immediately distorts it because it is manifest the Creator. figure the whole of life" (LE 340-41). Merton now joins love, by which he from a rarified or esoteric experience,

with his head but with his whole be- means not just love of God but of

beyond words, beyond concepts, in a As Merton goes on to distinguish besense beyond the category of "experitive and infused contemplation, ence" itself, since it is a revelation of he now stresses that "infused wisdom" hiddenness, a knowing of that which is a deepening and perfecting on one's remains unknown. Yet part of the para- humanity because it identifies one comdox is that the hidden Reality encoun- pletely with the person of Jesus, fully tered in contemplation is also totally human and fully divine. Christian conpresent, "infinitely actual" (LE 340); if templation is no neoplatonic "flight from one perspective contemplation, of the alone to the Alone" for Merton, like its analogues art and worship and but brings one into communion with love, can be said to lead one "into the other people and with all creation as realms that transcend the material conthey are found in God through Christ. duct of everyday life," from another it It is profoundly Christological, enables one to discover "in the midst ecclesiological and paschal, a way to be of ordinary life itself...a new and tran- united with Christ "in the glory that scendent meaning" which can "trans- is radiated mystically by His risen and transfigured Humanity," and so "to be-Contemplation is less about seeing dif-come in the highest sense a fruitful and ferent things than about seeing the same strong member of Christ," by acceptthings differently, seeing reality as it ing "a share in His sufferings and death, is rather than as we want it - or fear it that we may rise with Him in the par-- to be. Finally, it is significant that ticipation of His glory" (LE 343). Far

Contemplation for

its full depth and

templation in terms of the contempo- scriptures and the great contemplative rary search for meaning and authentic- saints, he now adds, "But no one can ity, Merton makes the links between be a poet without reading the good contemplation and art more readily evi- poets of his own time-T.S. Eliot, dent. As previously, he emphasizes the Auden, Spender, Rilke, Pasternak, Dylan positive impact of contemplation on poetry, but in keeping with the greater that a fully integrated vision of our stress on the particular and concrete time and of its spirit presupposes some he mentions specific models for the contact with the genius of Baudelaire Christian poet, not only David and the and Rimbaud, who are Christians Old Testament prophets but examples turned inside out" (LE 346). Merton of "the true Christian poet" such as rejects a disincarnate, "spiritual" con-"Dante, St. John of the Cross, St. ception of religious poetry as detached Francis, Jacopone da Todi, Hopkins, from "worldly" concerns in favor of Paul Claudel," writers in whom "we "a fully integrated vision of our time

rather than contradictory.

Another important addition to this section recognizes inspiration for the Christian poet not only in the sacred set-

everyday experience: "To the true Christian poet, the whole world and all the incidents of life tend to be sacraments -signs of God, signs of His love work- phrases contribute significantly to the ing in the world" (LE 345). Though overall difference in tone. For example, not all poets are mystics in the strict in the midst of an almost verbatim repsense, the genuine poet shares a "'pro- etition of the original presentation of phetic' intuition" (LE 345) that per-aesthetic intuition as psychologically ceives the inner spiritual dimension of akin to mystical experience, Merton

contemplation for Merton, especially ordinary events and objects. This inin this version of the essay, is simply sight is found even in those who may the Christian life in its full depth and not be professed believers; while Merton repeats his earlier recommen-By recasting his explanation of con- dation that the Christian poet read the Thomas, García Lorca. One might add find it hard to distinguish between the and of its spirit," a vision that peninspiration of the prophet and etrates but is not limited by its physimystic and the purely poetic cal, intellectual, social, political, cul-Merton rejects enthusiasm of great artistic tural surroundings. While not congenius" (LE 344): before even forming to "the decadent standards of raising the issue of the ten- a materialistic world" (LE 346), the sion between poetry and con- poet assisted by contemplation does templation, he has provided not on that account shun or denigrate evidence that the two can be, the world, but seeks to recover and comand have been, complementary municate an existential awareness of the world as God's good creation, distorted and stained by human selfishness, but redeemed and restored by the incarnate and glorified Christ.

> While the discussion of the contriting of the liturgy but in the bution made by poetry to contemplaapparently more secular environment of tion is the section of the revised essay that follows the original version most closely, additions and alterations in individual sentences and even specific

sees this refusal to objectivize, a rejecthan in the original essay. ally with what it contemplates" (LE

adds two important comments that in things for their own sake, seen and counter an overly introverted focus on possessed as 'objects' to gratify our the inner self: God is found not only own self-love" (LE 349-50). In the very through the mirror of the soul but next sentence, where "attachment to "through the inner spiritual reality (the human reasoning and analysis" (FA 107) logos) of the created thing," according had been cited as an obstacle to conto the teaching "of the Greek Fathers templation, now it is more specifically about theoria physica, or 'natural contem- "attachment to objectivized human reaplation" (LE 347), by which they meant son and analysis" (LE 350). The cumunot natural as distinguished from su- lative effect of these seemingly minor pernatural but the natural world, the changes is to put increased emphasis cosmos, as an epiphany of the divine, on the continuity between art and conwhat Merton had already referred to as templation in their common transcenda sacramental consciousness. After re- ence of objectivizing, analytical conturning to the original version for the sciousness, and to focus on the distinction between "inferior" and "su-revelatory dimension of creation more perior" soul, he then adds the explicit than on its potential to serve as a diswarning that the "passage from the ex- traction and a hindrance to contemterior to the interior has nothing to plative fulfillment. While these changes do with concentration or introspec- do not eliminate the possibility of a tion. It is a transit from objectivization conflict between art and contemplation, to knowledge by intuition and they do contribute to forming a standconnaturality" (LE 348). As subsequent point from which the alternatives will additions and changes reiterate, Merton appear less clear-cut and starkly opposed

tion of the desire to analyze and so to In the revised version, Merton does not control reality, as the hallmark of both minimize the problem he had raised in contemplative and aesthetic awareness. "Poetry and the Contemplative Life." Just as in mystical contemplation "we The temptation for the poet to sacriare no longer facing God as an 'object' fice spiritual growth for the sake of of experience or as a concept which we artistic productivity is still quite eviapprehend," but "are united to Him dent, though it is now described as "a in the mystery of love and its tran-real danger" (LE 350) rather than as the scendent subjectivity," so "the aesthetic" more absolute "fatal handicap" (FA 108). intuition is also beyond objectivity - While the description of the tension it 'sees' by identifying itself spiritu- between being and doing is retained from the earlier version, Merton now 348). Where the original essay said of adds almost a full paragraph that conthe soul, "As long as it rests in creasiders the problem in terms of the tentures, it cannot possess God and be dency to objectify, to "withdraw from possessed by Him" (FA 106), the re-the mystery of identification with Revised version changes the first clause ality beyond forms and objectivized to make clear that it is not creation concepts, and...return to the realm of but the human attitude toward creasubject and object" (LE 351). Without tion that is at the root of the prob- directly stating it, Merton seems to imlem: "rests in creatures" becomes "rests ply that such a choice not only blocks

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Divine

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lier version, in which art and cona more flexible, less doctrinaire conbetween poetry and contemplation point in this version as in the origi-

poetry in the earlier stages of the con- It is impossible, even impious, Merton templative journey, "when we are en- now realizes, to attempt to predetertering the realm of true contemplation," he writes, "where eternal happi- person on the basis of some set of abness is tasted in anticipation, poetic stract principles. What may appear intuition may ruin our rest in God from the outside to be "the most per-'beyond all images'" (LE 352). But the operative word here is "may," not "will" or "must": if abstract logic leads to

the growth of contemplative awareness stances of concrete lived reality may but ultimately frustrates as well the reveal a very different one, or rather artistic process itself, since he had al- many different ones. The firm stateready claimed that genuine aesthetic ments of the original essay are now reintuition also transcends the division cast in much less definitive terms: "one between subject and object to attain a might at first be tempted to say that kind of knowledge by identification. there is only one course for the poet To "objectivize his own experience and to take, ... the ruthless and complete sacrifice seek to exploit and employ it for its of his art" (LE 352): what had been a virown sake" makes the artist "less creatually unqualified assertion is now to tive" (LE 351), no longer in harmony be considered a temptation! The old with the work of the Creator Spirit. unquestioned distinctions have now Thus subtly, and perhaps without be- become conditional: "If there is an ining fully aware of it, Merton confirms finite distance between the gifts of nathe intrinsic link between art and con-ture and those of grace, between the templation by suggesting that to natural and the supernatural order, man choose art in preference to contempla- and God, then should not one always tion is actually to undermine as well reject the natural for the supernatural, the temporal for the eternal, the hu-While from one perspective this might man for the divine?" (LE 352). But seem to make even more cogent the what Merton has learned in the years original proposal to make "a ruth- separating this second version of the less and complete sacrifice" of one's art, essay from the first is that the disby modifying the logic of the ear- tance is in fact not infinite in the context of actual human experience, that templation were seen at this level in practice nature and grace, the huas mutually exclusive alternatives, man and the divine, cannot and should these added comments prepare for not be kept in separate compartments. Old certainties have been tempered by clusion, in which the continuity the evidence of new experience: "when one has seen something of the ways of is not inevitably ruptured by a call God, one remembers that there is a vast to divine union. Merton does at difference between the logic of men and first seem to have reached the same the logic of God. There is indeed no human logic in the ways of interior nal essay: despite the helpful role of prayer, only Divine paradox" (LE 352). mine the will of God for an individual fect thing" to choose may in fact be an expression of one's own will rather than the will of God: "experience teaches us that the most perfect choice . . . is

though it may be, in itself, less per- est relationship with God. fect, and indeed less 'spiritual'" (LE In reading "Poetry and Contemplation: there is "an absolute clean-cut 'either/ or' choice between 'art' and 'mystical to envision a whole range of possibilimystical life" (LE 353) to which one has not been called; and certainly God "that a man should remain at the same greatest heights of poetic creation and contradiction between them" (LE 353). While Merton brings the essay to a close by affirming that spiritual gifts are "infinitely greater" than art, and that if an artist "is called upon to make an exclusive choice of one or the other" (LE 354), art should give way to prayer, the whole thrust of his conclusion is raised a decade earlier, Merton takes a challenging. position that is perhaps less self-assured but more reassuring in its affir- LE: Literary Essays of Thomas Merton, edited by mation of art, and by extension all au- Patrick Hart; New York, New Directions 1984 thentic human activity, as compatible FA: Figures For An Apocalypse

352). Merton voices a healthy suspi- A Reappraisal," it would be easy enough cion of any position - particularly his to see it just as a rationale for Merton's own of ten years before - that claims own practice, and like the earlier version it certainly has biographical relevance: Merton had resumed composprayer" (LE 352). He has let go of the ing poetry on a regular basis only in security, which is also the confinement, the mid-1950s, and came to identify of abstract certitudes. He is now able himself as a poet with increasing frequency during the last ten years of his ties, only one of which is that an artist life as he devoted more and more time might be called to stop writing to en- and energy to writing in verse. But it ter more deeply into prayer: if this is would be simplistic to regard this rethe case, it is "not because this is a vised essay as nothing more than a selfgeneral law binding all artist- justifying apologia for his second contemplatives, but because it is the thoughts about the "ruthless and complete will of God in this particular, concrete sacrifice of his art" that he may have case" (LE 352-53). It might equally well thought he had made. The personal libhappen in a specific instance that a poet eration from a restrictive mind-set that serves God best by being an artist and Merton may have considered necessary letting go of "aspirations for a deep in 1947 is also made available to his readers, who are invited to move beyond a perspective in which, as Merton is powerful enough to make it possible writes in his headnote, art and contemplation are "regarded as 'things' which happen time a mystic and a poet and ascend to the or 'objects' which one can 'have'" to situating them in "the much more mysterious realm of mystical prayer without any evident of what one 'is' - or rather 'who' one is" (338-39). Reading the two versions of the essay together provides an unusual opportunity to trace the broadening and deepening of Merton's personalistic vision that not only signals a renewed interest in and increased production of poetry during the final decade of his life but reflects the increased openness that the necessity of such a choice is to the world outside the monastery by no means inevitable or even normathat will make his life and work during tive: in rethinking the issue he had this final period so fruitful and so